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Shooting in Moncton, N.B.

RCMP search Wednesday for
an armed man after an
undisclosed number of
people shot

PAGE 11

'I feel really, really relieved'

Judge finds Ottawa man not
guilty of aggravated
sexual assault in HIV case

PAGE 3

GAGA FREE

LIVE 88.5 FM

Prostitution laws 'devastating for sex workers': Group

Risks. Government
recreating dangerous
conditions that led to
court challenge of old,
says activist

The federal government's attempt to eliminate the sex industry by targeting johns with new prostitution laws is actually going to put prostitutes at risk, an Ottawa-based sex worker advocacy group said Wednesday.

The federal government had a year to give the country's prostitution laws a facelift after the Supreme Court of Canada struck down the laws surrounding prostitution that lawyers said are harmful to sex workers.

Justice Minister Peter MacKay introduced the Con-

servative government's response to the Bedford decision with provisions that would criminalize the purchasers of sex by imposing jail time or hefty fines if convicted. It would also subject prostitutes to charges if they communicate for the purpose of selling sexual services in public places where a child could reasonably be expected to be present.

"We were not expecting such egregious recriminalization of selling sexual services," said Frederique Chabot, a member of the group Prostitutes of Ottawa/Gatineau Work, Educate and Resist (POWER). "This is basically as, or more, dangerous (than) what Bedford struck down."

Advocates say this new model will drive sex workers even further underground as police shift their crackdown to johns.

The new law would also target anyone selling sex in public

places where children are expected to be present and prohibits the advertising of sexual services, Chabot said.

POWER said it is prepared to challenge the new law in court, "because it recreates the exact same dangerous conditions for sex workers that lead to documented instances of violence because of the laws."

Also included in the bill are programs designed to give sex workers a way out of the sex industry altogether, MacKay said.

In the months leading up to Wednesday's announcement the government received 30,000 responses to an online consultation on Canada's prostitution laws.

Chabot argued the questions in the survey were biased, and its results are not representative of the Canadian population.

JOE LOFARO/METRO, WITH FILES FROM TORSTAR NEWS SERVICE



SKYPING FOR POT

It took Sandy Daviau more than a decade to find a doctor willing to prescribe him pot for multiple sclerosis. With a chill on Canadian doctors who are now being forced into the role of gatekeeper, one Canadian doctor is prescribing marijuana to patients over Skype. Story, page 6.

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HIV case: Judge acquits Ottawa man of aggravated sexual assault

'Really, really relieved.' Credibility of witnesses at issue for judge hearing trial



JOE LOFARO

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A lack of credibility from both the accused and complainant in a case about disclosing one's HIV status before sex means an Ottawa man can breathe a sigh of relief.

After hearing two days of evidence, Justice Monique Métivier found Elliott Youden, 32, not guilty of aggravated sexual assault. This was Youden's second trial on the same charge after another judge declared a mistrial in January due to an undisclosed "jury issue."

"I feel good, I feel really, really relieved. I'm happy it's finally over with," said a smiling Youden outside the courthouse.

"This has been extremely stressful. It's cost me a lot of sleepless nights and it's caused a lot of worry in the community in general."

The 25-year-old complainant accused Youden — who was diagnosed with HIV in 2008 — of not disclosing his medical condition before they purportedly had sex without a condom. The complainant, who cannot be named, told the court he does not have HIV.

Youden testified in his own defence Tuesday, telling the court he had disclosed his HIV status in an online chat message prior to engaging in a massage and sexual intercourse. The accused maintained a condom was used during sex.

Métivier found the complainant couldn't remember key parts of his encounter with Youden and failed to produce "an important corroborating piece of evidence" — an alleged online apology from Youden after the incident that could have been a game



Elliott Youden, 32, leaves the Ottawa courthouse Wednesday after a judge found him not guilty of aggravated sexual assault in a case revolving around HIV disclosure. JOE LOFARO / METRO

changer.

The judge also cited Youden's testimony in which he said he feared going to the police to report the complainant for extortion. He had told the court the complainant threatened him if he didn't

fork over \$500 for the sex acts.

"I'm left with reasonable doubt," said Métivier, before telling Youden he was not guilty.

Now that it's over, Youden laments the suggestion that people with HIV should pro-

duce documentation to prove disclosure was made before a sexual encounter.

But he added it might be worthwhile to avoid the ordeal he went through.

"This essentially can happen to anyone."

City's \$70M cycling plan paves way for better bike routes



A separated bike lane on Laurier Ave. in Ottawa has been deemed a success by city council. SEAN MCKIBBON / METRO

Ottawa is tuning up its cycling routes with a new \$70-million bike infrastructure plan.

More bike lanes in dicey downtown cycling spots, paved shoulders, more parking spots and more maintenance for potholes are part of the 2014-2031 plan approved by the city's transportation committee on Wednesday. In total, there will be 112 kilometres of additional bike lanes and 26 km more in multi-purpose pathways.

This builds on the \$28 million the city has already forked out for bike infrastructure this term, including 30 km of

lanes, 30 km of multi-purpose pathways and another 100 km for paved shoulders.

The city's priority is to fill in the bike lane gaps common in the downtown area, such as creating a link from Laurier Avenue to Albert Street — and connecting existing bike infrastructure to National Capital Commission (NCC) routes.

According to transportation planner Zlatko Krstulic, the city's number one cycling route is the NCC Ottawa River pathway. On a busy day, about 3,000 cyclists cruise down that path and as many as 6,000 bik-

ers use it on Canada Day.

The Ottawa Bike Infrastructure plan includes:

- East-West Bikeway: This runs from Westboro (Churchill Road and Scott Street), east to Laurier Avenue, up toward Lower Town, over to St. Patrick Street East and ends at St-Laurent Boulevard. The plan includes filling in the bike link from Laurier Avenue to Albert Street.
- O'Connor Street: This bike lane will link the East-West Bikeway at Laurier Avenue to the Glebe and the future Wellington Street Bikeway.

- Sussex Drive: A link will connect new bike lanes from St. Patrick Street to existing lanes along the river.
- Rideau River Crossing: This lane will run between Somerset Street East and Donald Street.
- O-Train Pathway Extension: This includes a spiffier pathway from Young Street to Carling Avenue, complete with a crossing signal.
- Parking: 150 new ring and posts plus more parking corrals in front of Glebe and Wellington West businesses.

LUCY SCHOLEY / METRO



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West Quebec

Police investigate after body found in Gatineau River

West Quebec police are investigating after a body was discovered in the Gatineau River near Cantley Wednesday morning.

Police spokesperson Martin Fournel told reporters at the scene that a Hydro Quebec worker discovered the

body just after 7 a.m. at the Chelsea dam, but he wouldn't disclose the age or gender of the body, or how long the person may have been dead.

"We don't know why or what happened to that individual this morning. It could be suspicious, it could be suicide, it could be something else, so the door is open," said Fournel.

"We want to know what happened."

A neighbour standing on the street nearby

said he heard commotion around 7 a.m. and thought there was an accident.

When she was told there was a body found in the river, she gasped.

Fournel said police will start investigating missing persons cases in the region to see if the body matches up, but first police need to identify the corpse. By 11 a.m. police had not yet recovered the body and were still on scene.

TREVOR GREENWAY/METRO



MRC des Collines police spokesperson Martin Fournel speaks to reporters in Cantley on Wednesday morning.
TREVOR GREENWAY/METRO

Protesters urge feds to save co-op subsidies



Krystal Randall says she worries about being homeless when the federal government stops subsidizing her rent in 2020. JOE LOFARO/METRO

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Low-income households. Decades-old federal subsidy agreements are set to expire once mortgages are paid off

JOE LOFARO
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Krystal Randall says she is already having trouble making ends meet for her and her son, so when the federal government stops subsidizing her rent in six years, she fears she'll be homeless.

"I honestly don't know what I'm going to do," said Randall Wednesday in an interview after speaking at a rally on Parliament Hill.

The Co-operative Housing Federation of Canada (CHFC) organized the lunch-hour demonstration to call on the federal government to reverse its decision to end housing agreements for about 50,000 Canadians who live in co-op housing.

The agreements were made 20 to 30 years ago meaning when the mortgages are paid off, the government subsidies disappear.

That worries people like Randall who fears being forced to move to another home in a rough part of

town.

"I'm often having to go to food banks and asking friends for a little bit of help getting extra toilet paper or milk," said Randall, who lives in a co-op in South Keys.

"By the end of my bills being paid off I have very little left for food or even going out and buying a coffee," Randall said.

"I do have family, but they're in situations like me, some of them, so we all may be on the street. I really don't know where I'm going to go," she explained.

CHFC executive director Nicholas Gazzard said the \$1.25 billion the federal government allocated for the provinces to spend on housing over five years is not enough.

"Because that's for new housing. What we're talking about here is continuing to make sure that existing affordable housing remains affordable," said Gazzard.

"What we're saying is it needs to be a separate stream to protect the low-income people that Krystal talked about," he added.

Concerned residents

"I really don't know where I'm going to go."

Krystal Randall, who lives in government-subsidized housing, on where she'll live when her rent subsidies end in 2020

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Sandy Daviau uses an e-cigarette to consume medicinal marijuana at his property in southwest Quebec in October 2013. Daviau, who has multiple sclerosis, suffered from paralysis on the right side of his body and muscle spasms before discovering cannabis as a treatment method. Daviau says new rules governing Canada's medical marijuana program are making it harder for patients to find doctors willing to prescribe the drug. JUSTIN TANG/THE CANADIAN PRESS

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Medical weed users are not stoners: Doctor

Relieving pain. Health professional turns to Skype to help patients fill pot prescriptions as colleagues fear career consequences



TREVOR GREENWAY

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Canadian doctors who prescribe medical marijuana are feeling a chill, as health officials apply pressure on them to stop prescribing a drug they know little about.

A doctor in Toronto was willing to go on the record to talk about the stigma surrounding medical pot and the benefits patients derive from the drug. But when he heard several colleagues are being scrutinized by the College of Physicians and Surgeons, he backed out.

"Patients' doctors do not want to prescribe and they think that the college has said that you cannot prescribe," said

the doctor, whom we agreed to keep anonymous. "It's uncomfortable and there is a stigma behind it."

The physician has started seeing patients via Skype — connected with him through a private firm for a \$300 fee — as more and more patients are finding it tough to find a doctor willing to sign off on a pot prescription. He says telemedicine is sufficient for such consultations and the patients provide him and the firm government issued identification and their medical records.

"I just don't sit there and openly sign prescriptions for somebody. I see them, assess them, get some information from them about what treatments they have had," he said, adding his patients are not "stoners," but business people, lawyers, even other doctors.

Fighting the stigma

"If you are that patient's physician, how can you not prescribe it? I just don't understand."

A Toronto doctor on patients who can only find relief in medical marijuana

Restricting pot scripts

Patient: 'It's worse than before'

Sandy Daviau of Quebec spent more than a decade looking for a doctor to prescribe medical marijuana for his multiple sclerosis. He said with the recent changes to Health Canada's medical pot program, which makes doctors the ultimate gatekeepers of the drug, more and more patients are finding it hard to access the drug.

"It's worse than before," said Daviau, whose initial physician, Dr. Rob Kamermans, was ordered to close his Coe Hill clinic and was charged with fraud, forgery and money laundering after he signed off on 4,000 pot prescriptions over the course of a year.

It's stories like these that have doctors worried they

will get nabbed for trying to help patients. "There is a clampdown going on right now. There is a political war going on out there behind the scenes and we are the pawns right now. It's wrong, but they are doing it."

Fighting for his cure

"There is a political war going on out there behind the scenes and we are the pawns right now."

Medical marijuana user Sandy Daviau

The College of Physicians and Surgeons of Ontario told Metro the federal pot program changes warrant "significant concern," as doctors are expected to prescribe a drug that has no clinical studies linked to it.

In Quebec, the college is deeply concerned with doctors prescribing pot,

"If it's a young kid who wants to do it just to make it legal, I don't see those kinds of people. But if it's someone with cancer that can't eat, that has no appetite, that is nauseous all the time and they find that when they take this it gets rid of their nausea and they can eat — if you are that patient's physician, how can you not prescribe it? I just don't understand."

He said the problem is the fact there is no scientific data for doctors to refer to when considering prescribing pot to patients with multiple sclerosis, cancer and various chronic pain conditions.

"Physicians receive no training," he said. "The average physician would have no idea how to prescribe it. They don't know what a gram is, or three grams, they don't know."

especially through telemedicine or Skype consultations, which is actually illegal in the province.

Spokesperson Dr. Yves Robert said that all forms of e-health are under review right now.

"The basic principle here, considering cannabis or not, is the fact that prescribing is a medical act that requires an appropriate evaluation of the patient's condition and that can't be done if you do not see the patient," he said.

Currently, doctors registered in Quebec are forbidden from using telemedicine, but doctors from elsewhere can still see Quebec patients via Skype. That will soon change, he says.

"We are working right now to update this data and probably in the future, physicians who prescribe to a patient in Quebec will have to be registered in Quebec."

TREVOR GREENWAY/METRO

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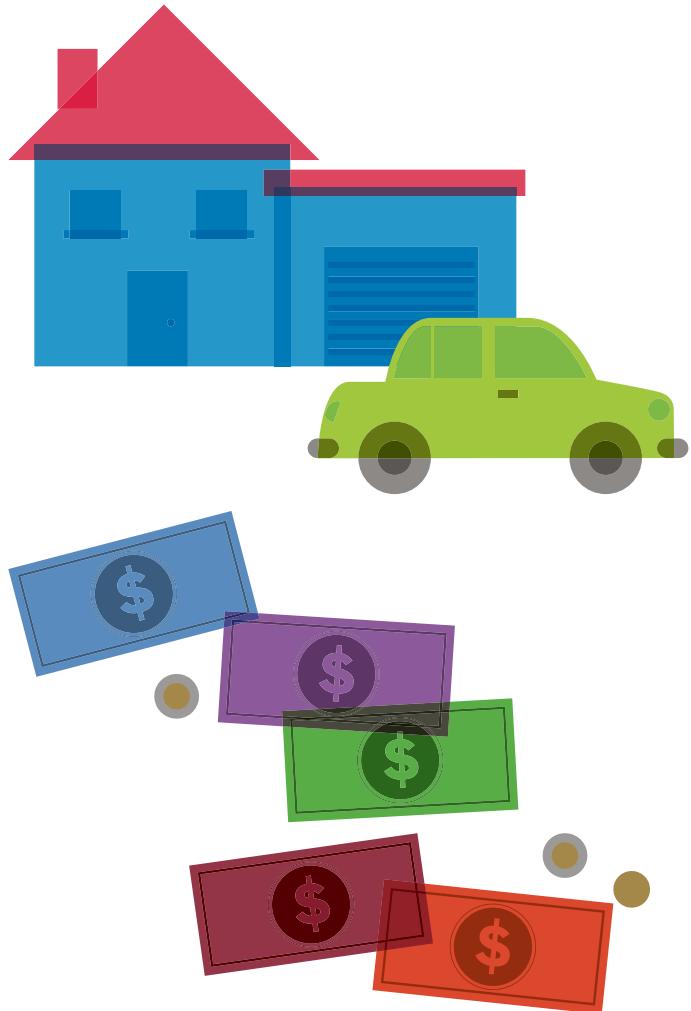
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PM restarts CETA talks before G7 summit

Stephen Harper arrived Wednesday in Brussels for the G7 summit — but his first order of business was to kick-start his stalled free-trade deal with the European Union.

The prime minister met with European Commission President Jose Manuel Barroso, about an hour prior to the official opening of the G7 summit, where the Ukraine-Russia crisis was set to dominate.

But Harper appeared eager

to make progress towards getting a final text of the Comprehensive Economic and Trade Agreement (CETA).

Harper flew to Brussels to meet Barroso in a high-profile ceremony last October to sign an agreement in principle on the deal.

But the final, lawyer-approved document remains an elusive entity as some of the major irritants that stalled the protracted four-year negotia-

tions reared their heads yet again in recent weeks.

According to EU documents, these include a disagreement over protection of intellectual property rights in the pharmaceutical sector, among other irritants.

The Harper government insists the delays are simply a matter of hammering out the precise final legal text, and are not a matter of substantive disagreement.

A stalled or scuttled deal would be politically damaging to Harper, who views a comprehensive deal with the EU's 28-country bloc to be the jewel in his crown of a series of much smaller trade agreements.

Aides to Harper, who spoke on the condition of anonymity earlier in the week, had played down any suggestion that Harper might piggyback on the G7 summit to push the trade deal.

THE CANADIAN PRESS



Arturo Gonzalez's pit bull, Chico Blue, was fatally shot by sheriff's deputies 18 months ago at his home in Pico Rivera, Calif. DAMIAN DOVARGANES/THE ASSOCIATED PRESS

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Videos aim to teach cops to assess canine behaviour

Five-part series.

Initiative comes after study determined that majority of police shootings involve animals, usually dogs

Canines vs. officers

Milwaukee began tallying dog shootings in its city in 2000, in response to a lawsuit.

- 48. Average number of dogs shot by police annually from 2000 to 2008.
- 28. The average number of dogs shot by police after training increased.

The majority of shootings in most U.S. police departments involve animals, usually dogs, and experts say a new series of videos can help change often quick-trigger decisions fueled by fear.

"There will be times when police need to defend themselves because they are being attacked by a dog and don't have a choice, but that is the minority of cases," said Brian Kilcommons, a Southbury, Connecticut, dog behaviourist and trainer.

He is featured in the five-part series that teaches officers to detect the warning signs of an aggressive dog and how to avoid using lethal force.

Efforts to change the way officers approach animals have emerged as dogs have become a central part of the American family and lawsuits have chipped away at the coffers of law enforcement agencies.

The free videos emerged from a 2011 study by a University of Illinois centre and non-profits including the National Canine Research Council, which promotes a better understanding of relationships with dogs.

The U.S. Department of Justice

helped. The study found a majority of police shootings involved animals, but it's unknown how many dogs are shot nationwide every year.

Officers have a lot to process when they respond to something like a domestic violence report, but determining whether a dog is agitated shouldn't be overwhelming, said Bill Johnson, executive director of the National Association of Police Organizations.

In the videos, Kilcommons teaches officers to survey canine body language and not to approach a fearful dog that's low to the ground with its tail tucked and ears flat to its head. He also says to watch for warning signs such as lunging, growling and exposed teeth.

There are ways for officers to avoid using guns, including putting an object like a trash can between them and the dog, carrying food that can be thrown as a distraction, or using pepper spray, he says.

THE ASSOCIATED PRESS

Toronto uses tower power in condom rollout

Punny business.

Cheeky use of street names in bid to get people talking about safe sex ahead of World Pride

Toronto unwrapped its very own city-branded condom design Wednesday, featuring the phallic point of the CN Tower

and three aptly chosen city street signs: Cummer Avenue, Wood Street and Coxwell Avenue.

Toronto Public Health tweeted out the design of "condomTO" in six separate tweets, starting at 9 a.m.

A message on the condom's package reads, "No matter which way you go, put it on!"

The condom, launched by the health agency, comes two weeks before World Pride celebrations kick off in the city on

June 20.

Dr. David McKeown, the city's medical officer, says the condom's main goal is to get Torontonians talking about safe sex — and using condoms.

"This is a lighthearted



approach to what is a serious subject," he said. "We want to raise awareness and try something new and different to get people thinking about safer sex. We're trying to make it something that people in Toronto will talk about."

About 60 people die from HIV in Toronto

First of its kind

This is the first Canadian city-branded condom that McKeown is aware of. Other cities, including Los Angeles and New York, have their own branded condoms.

annually, he added. Using condoms is an effective way to prevent sexually transmitted diseases but statistics show many

people choose not to use them.

The AIDS Committee of Toronto welcomed the move, but pointed out only men's condoms were available.

"The message doesn't start and end with condoms in a bowl," said spokesman Rafay Agha. "But kudos to Toronto Public Health. The more safer-sex options people have, the better. It's also a great starting point for a conversation. Our symbol of the city is a phallic building." **TORSTAR NEWS SERVICE**



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Every Chan for him-selfie

Canadian Olympic figure skater Patrick Chan takes a selfie with House Speaker Andrew Scheer as Olympic athletes were honoured in the House of Commons on Parliament Hill in Ottawa on Wednesday.
SEAN KILPATRICK/THE CANADIAN PRESS

Study

Monarch butterfly decline likely due to milkweed loss

The dramatic decline in the monarch butterfly population in eastern North America is due largely to the loss of milkweed in the U.S., says a new study.

Scientists at the University of Guelph say they studied factors and confirmed theories that the lack of milkweed is likely responsible. **THE CANADIAN PRESS**

Florida

After pulling over detective, phoney cop in real trouble

Police say a man impersonating an officer faces charges after signalling a real detective to pull over on a road in Florida.

Authorities say Matthew Michael Lee McMahon, 20, activated a red and blue light Monday while driving behind an unmarked sheriff's car. **THE ASSOCIATED PRESS**

Slain doctor a ‘real servant of humanity,’ relative says

Extremists. Calls for Ottawa to pressure Pakistan to better protect minorities after Canadian heart doctor targeted

A Canadian cardiologist slain by gunmen in Pakistan is being remembered as a selfless humanitarian who was targeted for belonging to a religious minority.

A burial ceremony for Mehdi Ali Qamar saw impassioned calls for Ottawa to pressure the Pakistani government to better protect religious minorities against extremism.

Qamar, an Ahmadiyya Muslim who had returned to the country to do volunteer work at a hospital, was gunned down May 26 in central Pakistan in front of his wife and two-year-old son.

His nephew, Nasir



Men carry the casket of Dr. Mehdi Ali Qamar, who was murdered in Pakistan, at his funeral service in Vaughan, Ont., on Wednesday. NATHAN DENETTE/THE ASSOCIATED PRESS

Chaudhary, read a family statement calling Qamar a “real servant of humanity who never discriminated against his patients.”

Relatives remembered him for always cracking jokes and penning poems about his love

of life.

Ahmadiyya Muslim Jama‘at Canada president Lal Khan Malik said Qamar was “murdered because of his faith” and said the Harper government must urge Pakistan to “stand up to extrem-

ists and promote freedom of religion.”

Malik said “there is a pattern to these murders,” saying 137 other Ahmadiyyas have been killed in the south Asian country in the last four years.

THE CANADIAN PRESS

Pakistan. Police arrest brothers of woman stoned to death in mob attack

Pakistani police have arrested two brothers alleged to have participated in a mob attack during which their sister was stoned to death for marrying against the family’s wishes, a police spokesman said Wednesday.

Nayab Haider said the two men, Ghulam Ali and Zahid Ali, were arrested from a home in the eastern Punjab province following an intensive manhunt.

Authorities arrested the

woman’s father after the attack, and four other people were arrested last Friday.

Police arrested a third man for taking part in the assault, who claimed the woman, 25-year-old Farzana Parveen, was married to him at the time she wed against her family’s wishes.

If true, it would add yet another twist to the increasingly bizarre story.

THE ASSOCIATED PRESS

Record breaker

13-year-old girl conquers Everest

The 13-year-old daughter of poor Indian farmers who became the youngest girl to climb Mount Everest said Wednesday that she “shed joyful tears” at the summit after a grueling climb across difficult terrain and personal fear.

Nepal requires climbers

to be at least 16 years old to scale its peaks, but Malavath Poorna said she and a team of Nepalese guides climbed the 8,850-meter mountain on May 25 from the northern side in Tibet. There are no age restrictions in China.

The climb was verified by the China Tibet Mountaineering Association in Lhasa, making Malavath the youngest girl to climb Everest. THE ASSOCIATED PRESS

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Family of captives appeals for help

Canadian-American couple. The families have not received any ransom demands and there are no clear signs of motive

The family of a pregnant American woman who went missing in Afghanistan in late 2012 with her Canadian husband received two videos last year in which the couple asked the U.S. government to help free them from Taliban captors.

The videos offer the first and only clues about what happened to Caitlan Coleman and Joshua Boyle after they lost touch with their families 20 months ago while travelling in a mountainous region near the capital, Kabul. U.S. law enforcement officials investigating the couple's disappearance



Caitlan Coleman and Joshua Boyle are seen in an undated photo, left, and in a frame grab from video provided by the Coleman family. The couple has asked the American government to help free them from their Taliban captors.

COLEMAN FAMILY/THE ASSOCIATED PRESS

Just innocent tourists

The families decided to make the videos public now, in light of the publicity surrounding the weekend rescue of Army Sgt. Bowe Bergdahl, who was freed from Taliban custody in exchange for the release of five high-level Taliban suspects at Guantanamo Bay.

consider the videos authentic but say they hold limited investigative value since it's not clear when or where they were made.

The video files, which were provided to the media, were emailed to Coleman's father last year by an Afghan man who identified himself as having ties to the Taliban.

In one, a subdued Coleman appeals to "my president, Barack Obama" for help. **THE ASSOCIATED PRESS**



Manhunt in Moncton after shooting spree

RCMP officers use their vehicle to keep a perimeter in Moncton, N.B., on Wednesday evening. A manhunt was underway late Wednesday in the north end of Moncton for a man armed with guns after an undisclosed number of people were shot, including RCMP officers, the Mounties said. The RCMP in New Brunswick said on its Twitter feed that they were looking for 24-year-old Justin Bourque of Moncton, and then tweeted an image, shown above, of a suspect wearing military camouflage and wielding two guns. According to unconfirmed reports on social media, several police officers had been shot and police in riot gear were hunting for a man carrying high-powered rifles, a crossbow and a knife. For more on this story, visit metronews.ca. **MARC GRANDMAISON/THE CANADIAN PRESS**

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Sweet to sour. Burt of Burt's Bees buzzed back to Maine after love affair with staffer

Conventional wisdom suggests the Burt behind Burt's Bees left the company after he became disillusioned with the corporate world in North Carolina and wanted to return to his solitary life in Maine.

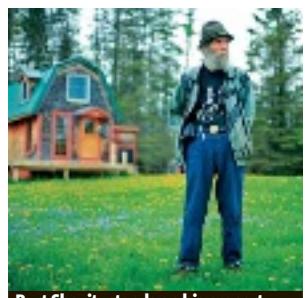
The reality, Burt Shavitz says, is that he was forced out by co-founder Roxanne Quimby after he had an affair with an employee.

So the man on the Burt's Bees logo that promises "Earth-friendly natural personal care products" ended up with 37 acres in Maine, and an undisclosed sum of money.

And he's not complaining.

"In the long run, I got the land, and land is everything. Land is positively everything. And money is nothing really worth squabbling about. This is what puts people six feet under. You know, I don't need it," he told a filmmaker on the property where the company was launched in the 1980s.

The reclusive beekeeper whose simple life became complicated by his status as a cor-



Burt Shavitz stands on his property in Parkman, Maine. THE ASSOCIATED PRESS

porate icon is now the subject of a documentary, Burt's Buzz, which opens Friday in cities including New York, Los Angeles, Miami, Chicago, Phoenix and Cleveland.

Interviewed by The Associated Press on his land in Maine, Shavitz declined to discuss his relationship with Quimby.

"What I have in this situation is no regret," he said, sitting in a rocking chair. "The bottom line is she's got her world and I've got mine, and we let it go at that."

THE ASSOCIATED PRESS

Fraud

America catching up to Canada with card microchips

Sam's Club on Wednesday said it will become the first mass retailer in the U.S. to offer a credit card using a fraud-deterring microchip.

Visa and MasterCard are pushing for the adoption of microchips, which they say have helped reduce fraud in Canada, Mexico and most of Western Europe.

THE ASSOCIATED PRESS

Market Minute

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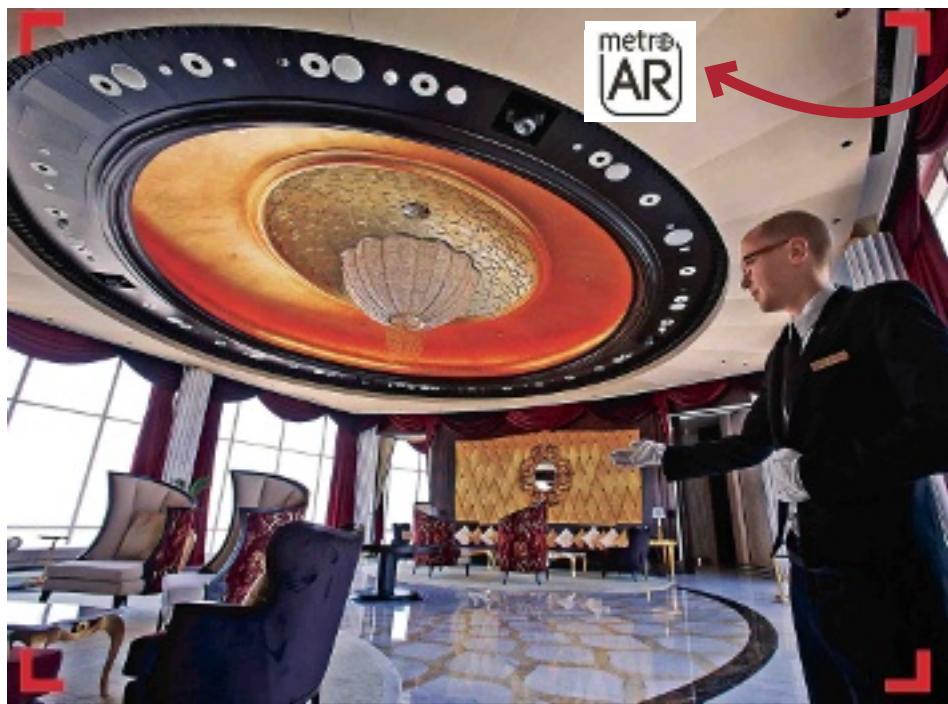


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White-glove service ... for \$21,500/night



As the gap between the wealthiest travellers and everyone else has widened, high-rollers are looking for more pampering. Case in point: this Abu Dhabi Suite at the St. Regis in Abu Dhabi. The two-storey suite, which sells for a nightly rate of \$21,500 US, is suspended 720 feet above ground between the two buildings of the Nation Towers development. THE ASSOCIATED PRESS

Lifestyles of the rich.

As the 99% book rooms on Airbnb, more hotels are catering to the 1%

Private elevators, personal shopping assistants, six-bedroom suites with their own postal codes. Even helipads. This is what the super-rich have come to expect from hotels.

For others, vacation now means renting someone's apartment, a spare room, maybe just a couch — anything to save on the cost of a hotel.

As the gap between the wealthiest travellers and everyone else has widened, so has the way people are experiencing

vacations. The wealthy are looking for ever-more pampering. Many others are seeking new ways to economize.

And the lodging industry is adapting — at the high and low ends — to meet the diverging needs.

Luxury hotels are catering to financial elites from Russia, China, Brazil or the Middle East who now routinely hop around the world and don't mind dropping \$20,000 US a night for a glamorous accommodation.

During the Great Recession, many resorts dropped "resort and spa" from their name. The idea was to appeal to corporate organizers who didn't want trips to seem extravagant. Excess now appears back in style.

With the recently opened St. Regis Abu Dhabi in the United Arab Emirates, architects considered how much privacy to provide its most sumptuous suites, says Paul James, head of Starwood Hotels and Resorts' luxury properties.

"Part of the Abu Dhabi conversation was: 'Where does the helicopter land?'" James says.

The elite traveller's experience was precisely what the Rosewood London had in mind when it opened its Grand Manor House Wing in December. The six-bedroom complex is \$42,000 US a night and offers three living rooms, a library and a dining table for eight. It has its own street entrance and private elevator. THE ASSOCIATED PRESS

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GAME OF BLEEDING RAINBOWS & BAD ACCENTS

Game of Thrones is one of the most intensely loved shows in the history of television, which is interesting for a show that does not love you back.

The sword-and-sorcery-and-rape-and-decapitation fantasy series has its moments of joy and hope, but they're mostly there so you can be snatched away from you, like a child's toy, your shocked face part of the latest YouTube reaction montage.

Author George R.R. Martin wrote the books the series is based on, so he can be blamed for most of the emotional wallop. Then the show producers looked at a book series full of sexual assault, decapitation, castration and people getting slaughtered at weddings and said, "Hey, could be worse. Let's make it worse!"

It all came to a head in the most recent episode as the emotional and physical pain combined perfectly when (spoiler!) a much-loved character had his skull slowly crushed ON SCREEN, destroying hope and brains in equal measure.



HE SAYS
John Mazerolle
metronews.ca

(Double spoiler! He died.)

The impact of that scene had me thinking about what Martin could have done with some of television's most famous programs.

If all TV were like Game of Thrones ...

* If Martin had written **Seinfeld**, the Master of My Domain episode would have been about who can go the longest without losing their genitals.

* If Martin had written **Reading Rainbow**, the theme song would have been, "Butterfly in the sky/Loses its wings and dies/Dare to look/Within my book/A Bleeding Rainbow (death by crossbow)!"

* If Martin had written **WKRP**, Les Nessman's cuts would have been fatal.

* If Martin had written **The Mary Tyler Moore Show**, Mary would have thrown her hat in the air and been hit by a truck.

* If Martin had written **The Wire**, the mayor of Baltimore would have been a conniving narcissist with unbridled lust for power and women, played by an Irish actor with a deeply unconvincing accent.

* If Martin had written **Friends**, one episode would have been called The One About the Incestuous Rape Over the Barely Warm Corpse of Their Child.

* If Martin had written **The X-Files**, Scully would have said dragons don't exist while a dragon was eating her.

* If Martin had written **Freaks and Geeks**, it would have been Carrie.

* If Martin had written **The Daily Show with Jon Stewart**, your Moment of Zen would have been the anguished screams of the dying.

* If Martin had written **The Larry Sanders Show**, it would have been exactly the same. He loves that guy.

As you can see, I'm sort of obsessed. I feel like if the show has gotten us this invested, it must take a happy turn soon, right? I've got a good feeling about next week. And if the good guys don't start winning, I swear, heads will roll.

ZOOM

Felines: 'The universal mode of communication'



SVETLANA PETROVA

Artist based in St. Petersburg, Russia

After her mother died, artist Svetlana Petrova went into a deep depression. A friend suggested dressing up Zarathustra, the kitty Petrova inherited from her mom, in costumes for a photo session as a pick-me-up. But the cat was so fat that he couldn't fit into anything. Instead, Petrova photoshopped him into works of art. Metro sat down with Petrova to get more details.

Are you a big fan of memes?

I love the concept. If I were to return to university I'd write a thesis on it. But I want to make memes that are pretty. Many memes are just plain ugly.

Why do cats have such appeal?

Cats are the universal mode of communication. We may all speak different languages but we're all lovers of cats. They're a way of bringing us together to do good. For example, two years ago there was Hank, a cat that ran for the U.S. senate. For his campaign, I helped design some fake dollar bills with his picture on them. The project raised a lot of money for animal charities in the U.S. and Russia. So we managed to do good, not through people but through a cat. METRO

But is it cat?



The Mona Lisa by Leonardo da Vinci gets a ginger fat cat addition. Below: catified versions of Portrait of an Unknown Woman in Russian Costume by Ivan Argunov and Bogatyr by Viktor Vasnetsov. COURTESY SVETLANA PETROVA



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In this issue, you can find AR enhancements on page 12 in Business, page 13 in Scene and page 22 in Sports

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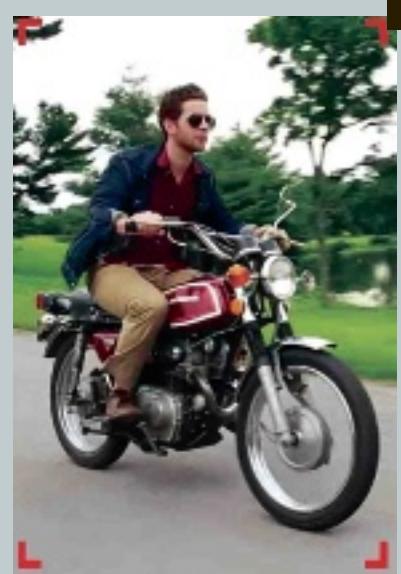
Man goes in search of lost time on a motorbike

REBECCA WILLIAMS
readers@metronews.ca

Every corner of the world is more connected than ever, but what about our connection to the past?

Douglas Gautraud's romanticizing of another time and his ties to his grandfathers left him wanting something outside of living life online. So, much to his mother's chagrin, he bought a motorcycle.

What follows is an endearing story about how two wheels and an engine help a man explore his relationship with his elders, and



SCREENGRAB

how it became his "Mom's Motorcycle." (Via Douglas Gautraud/YouTube)



He paints, he scores a business!

The art of athletics.

Local painter creates portraits of some of the biggest stars in sports



**BACKSTAGE
PASS**
Jen Traplin
ottawa@metronews.ca

If you're comparing professional sports artists, you would be hard pressed to find anyone better than Tony Harris.

The Ottawa-based artist has commissions with the NHL, PGA and CFL. He is also under contract with the NHL Players Association to paint the annual Ted Lindsay Award recipient and is the official artist of the RBC Canadian Open.

Collectors of his original paintings include Daniel Alfredsson, Chris Phillips, Sidney Crosby, Martin Brodeur, Alex Ovechkin, Daniel and Henrik Sedin, Zdeno Chara and Evgeni Malkin, among others.

"I certainly have accomplished a lot but I feel, in some respect ... I've been doing it for over 20 years, but I feel like I'm just getting started. You find out a bit more about yourself with every painting," he says.

Harris has been creating art for so long, he says, nobody was surprised when he eventually turned his attention to it full-time.

"I'd love to say that I have



Tony Harris paints 20 to 25 paintings a year — all commissioned pieces — typically working on just one at a time. Sometimes a painting will take a few days to complete, others can take up to a month. CONTRIBUTED BY TONY HARRIS

this tough story, that nobody believed that I could do it, but I've got an incred-

ibly supportive family," he explains.

"I've always done it, so

I knew that I would never stop doing it. Whether or not I would ever make a liv-

Quoted

"I've always done it, so I knew that I would never stop doing it. Whether or not I would ever make a living off it was probably the only question."

Tony Harris on creating sports-related paintings

ing off it was probably the only question."

Though he also does landscapes and family portraits, sports has always been Harris' main focus. In those rare moments he is able to work on a piece for himself, Harris admits those projects are often sports-related as well.

"One of them is a painting of Ken Dryden, which is the only original we have in our house," he says.

"I've always wanted to paint it and it took me about four years to get it done.

"I started it a long time ago and then had to leave it because other jobs kept getting in the way. Then I would find a day or two, here and there, to go back to it."

Though the hours are long and the work requires painstaking precision, Harris admits there is nothing else he'd rather be doing.

"As long as I can hold a brush, I'll be doing this. I can't imagine retiring from it."

For more, visit thfineart.ca.

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Bill Paxton has plenty to say

Edge of Tomorrow.

Actor rambles happily about new sci-fi flick, his latest project, and that infamous Aliens line



NED
EHRBAR

Metro World News in Hollywood

The first thing you learn when you talk to Bill Paxton is that the man likes to talk. When they connect us on the phone, he's already in mid-sentence, using my name as a jumping-off point to talk about Australian folk legend Ned Kelly. I learned quickly it's best to just let the Edge of Tomorrow star go.

What he's saying when the phone connects:

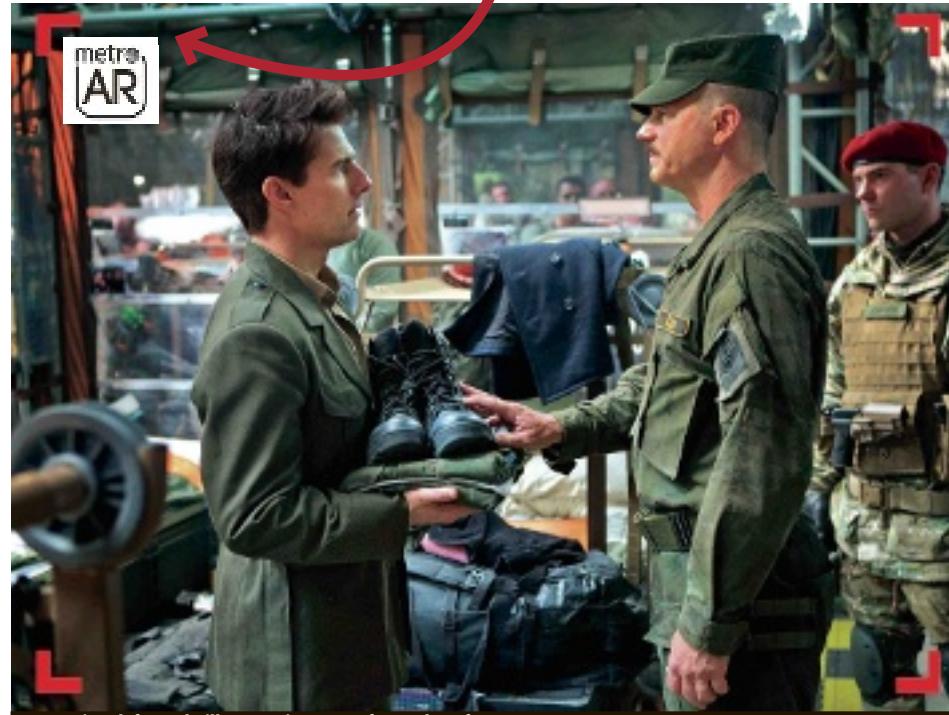
The wild colonial boy! Ned Kelly, Ned Kelly, line one! Get out of here, you're the wild colonial boy!

Why we're not speaking in person:

We're talking from Durango, Mexico — old Mexico. The land time forgot. This is a really old, old town, and I didn't realize much about it aside from the fact that it was a famous movie town for John Wayne and Sam Peckinpah in days of yore. Yo, what's up? My .45-calibre pistol! (laughs). It's a great, old historic Spanish town, and we're all staying here. We just started shooting Texas Rising, a new miniseries for History. It's kind of their first big followup to Hatfields and McCoys. It's the same producers, but this time we're helmed by the great Roland Joffé. Really digging his chili.

On finally seeing Edge of Tomorrow — but in Mexico:

What I've heard is it's playing



Tom Cruise, left, and Bill Paxton in a scene from Edge of Tomorrow. DAVID JAMES/AP PHOTO/WARNER BROS.

like gangbusters. I haven't seen it. I'm going to see it. Down here it's called Al filo del mañana. Sounds like "I'll feel you up tomorrow."

On the film coming out on the 70th anniversary of the D-Day invasion:

Weirdly enough, I think that fell on a coincidence. It's just one of those things. When they're picking those dates, they're not picking them for historical significance. They pick them for maximum commercial impact. With X-Men and Godzilla on one side and Guardians of the Galaxy on the other, you've got to get in when you can. I think the reason Warner Bros. is downplaying that is out of respect. This has a very similar kind of set-up, but I think they didn't want to exploit that fact. You've got this alien horde

who have taken Europe, much like the blitzkrieg of the Nazis, and now the Allies — or the Federation, I forget what the hell we're called — we're spearheading a counter-invasion out of England, which of course means Normandy. I could see my character, who's a career soldier and steeped in military history, kind of getting off on the fact that tomorrow we're invading France again. That wasn't lost on me and Tom [Cruise] while we were shooting it, but it just happened to fall on that date.

On the legacy of his "Game over, man, game over!" line from Aliens:

Hell, that's one I'll never live down. It's certainly a beloved character, and it's amazing to think that after all this time that each genera-

tion discovers Aliens and embraces it. It's nice when you can satisfy the hardest critic of all, and that's time.

Doug Liman. Director says Warner Bros. has the guts to make original films

for a studio film coming out during the summer.

It's hard to release original movies, right? You have to educate an audience as to what Edge of Tomorrow is. You don't have to educate them about what X-Men is or what Bourne 5 is. It's why basically only Warner Bros. is making these kinds of original movies. They have the guts to bet on a filmmaker — to bet on Alfonso Cuarón with Gravity, bet on [Christopher] Nolan with Inception. It gives me a huge amount of respect for Warner Bros. I'm not the guy who's normally complimenting a studio, but they were hugely supportive along every step of the way, whereas on the Bourne Identity, all Universal was trying to do was make the film into a generic movie that felt like other spy movies they had seen. Warner Bros., they actually want to make original movies. They themselves want to be proud of the movies they make.

I imagine the press tour experience can have a lot of parallels to this movie.

When you do press for a movie like Edge of Tomorrow, people are always asking you, "If you could go back and change any day, what would you change?" You know, lame questions like that. Maybe they're not lame, but when you hear it over and over again, you start to have a little of the experience Tom's character is having.

This feels refreshingly original

NED EHRBAR/METRO WORLD NEWS



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— SANDY OLIVARES

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John Mayer ALL PHOTOS GETTY IMAGES

In post-breakup, Mayer becomes muse to Katy Perry

At this point, we'll soon be able to put out a compilation album of songs written about John Mayer. His most recent ex, Katy Perry, tells Cosmopolitan that fans shouldn't be surprised to hear some tunes on forthcoming albums inspired by their breakup. "There's no bad blood, but I'm sure there will be inspired songs," she tells the magazine.

Taylor Swift, another of Mayer's exes, also penned a tune or two about the singer. Mayer, for his part, isn't too worried about the output. "I have super-strength for gang-ups," he tells TMZ. "I'm fine. That's what you're supposed to do, man. You're supposed to write songs. You're just not supposed to tell everybody you're doing it."

Nick Loeb's pals couldn't be happier about split from Sofia Vergara

Last month, Sofia Vergara announced the end of her two-year engagement to Nick Loeb, and apparently his friends are thrilled by the news, according to Page Six. "I'm happy to see her go. Good riddance," one of businessman Loeb's pals said, shooting down claims that Loeb was using the relationship to ride Vergara's coattails.

According to the friend, the Modern Family actress was "rude" during group dinners, ignoring others and constantly checking her



phone and Twitter account. "She only joins the conversation if it's about her."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



50 blames his terrible pitching on too much hand practice

MELINDA TAUB
Metro World News in New York City

50 Cent is sure living life to the fullest this summer. First he throws the worst first pitch ever at a Mets game. Then he has a rival robbed onstage. Now he says he masturbated so much he hurt his bones.

No, not that bone. Fiddy is blaming that dismal first pitch on a sort of repetitive stress injury. In his Reddit AMA Tuesday, he

said, "I have a skeletal muscle injury from excessive masturbation so take it easy lol."

Will do! Then again, most of us do not have to pitch at Major League baseball games, so we are free to abuse ourselves as extravagantly as we choose, no matter how fraught with peril our technique may be.

In that same AMA, 50 Cent also said he used to bench press 405 pounds, so perhaps the injury had other causes. He also showed his nerdy side: When asked what would be his dream movie role, he replied, "One of the Marvel franchise. Or Star Wars."

Just be careful how many times you swing the light sabre.



Kourtney Kardashian

Kourtney Kardashian is expecting, many selfies to follow

The Kardashian-Jenner family may still be on a high from Kim's wedding, but now they have another reason to celebrate. Kourtney and boyfriend Scott Disick are reportedly expecting their third child. Us Weekly is reporting that she is a few months along, and you can count on the mag — as well as other tabloids — to document her ever-growing

bump throughout the coming months.

So far, the couple and the Kardashian clan haven't officially announced the pregnancy in the press or on social media. But you know this family can't keep quiet for long.

Kardashian and Disick have two children together already.

Twitter



@samantharonson

The guy down the street listens to talk radio with this front door open, like it's his job to scare the kids in the neighbourhood.



@SethMacFarlane

We are so lucky that the great escape artists like Harry Houdini aren't also serial killers who can't be locked up.



@ChloeGMoretz

up till 2 writing school essay before my press day tomorrow



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Fashion designers are turning to crowdfunding to boost brand buzz, profile and bottom line

Dylan Uscher works mainly with independent boutiques to feature his creations, but the designer hopes that crowdfunding will help elevate his label from budding brand to booming success.

The self-taught American designer recently moved back to Boston after eight years in Toronto where he launched Dylanium Knits in 2010.

Uscher has partnered with Luevo — a Canadian crowdfunding platform for designers — to help pre-sell his fall collection of knitwear inspired by Florentine architecture. His online campaign ends June 15.

"It's always a struggle when you're an independent business owner because you have to work really hard to get the very little that you have," Uscher said. "This just seemed like a really great outlet to try and get some new sales."

All items in his collection featured on Luevo are 15 per cent less than the suggested retail price.

And Uscher will only produce them if the products reach designated targets among customers who've pledged to purchase the designs,



Sunny Fong recently reached out to online donors to expand his VAWK label. In a video on his Indiegogo fundraising page, Fong appealed for help to stage his World MasterCard Fashion Week runway show in Toronto in March as well as aid to launch his label's first online store. KEITH BEATY / TORSTAR NEWS SERVICE

which include scarves, a slouch hat and cape.

"Instead of using hypothetical market research or numbers that someone else has designed, you can put your own products out there and really test ... what products are going to work and what colours work and what doesn't," Uscher said.

"I think that's the really interesting way to approach it without having to go through all of the process of producing the items yourself and hoping that they sell."

Luevo co-founder Ana Caracaleanu said the site launched with its first designers in March and plans to

The pros and cons of the crowdsourcing concept

Darren Meister, an associate professor of business at Western University in London, Ont., said he thinks a bigger risk from a fashion perspective is the ability to see the designs — and potential interest from consumers — posted online for all to see. That includes major retailers who may jump on creating their own versions.

- Yet Meister said he also sees the possibility of rewards for emerging designers using

the platform to make their mark, and some sales in the process.

- What the crowdfunding model allows you is to try a more things, get more immediate feedback and improve your designs, he said. "If I'm a designer and I put up 20 designs and I see these three are the ones that are catching on, I'm probably going to focus on those three."



THIS EXTER SLOUCH HAT IN SILVER FROM DYLIUM KNITS RETAILS FOR \$105 BUT IS CURRENTLY SELLING ON LUEVO FOR \$89.

keep the number of labels featured in their "curated marketplace" to under 10 for now, with campaigns of 30 to 45 days.

Luevo takes a 15 per cent commission from successfully funded projects but also works to support designers in

other ways such as editing news releases and producing written content, she added.

"For the designers, the value that we bring is our technology to crowdsource items that are not yet produced. They don't have to pull the inventory," Caracaleanu said. "They could use us as a step in growing

E-exclusivity

"We think there's a really unique opportunity for not only startup entrepreneurs but specifically for fashion designers because they can present truly unique wares that are literally unavailable quite often in any other place."

Christopher Charlesworth
Co-founder of HiveWire, a crowdfunding and crowdsourcing solutions provider

their businesses or scaling up, and then taking their productions to a larger site where they may be requested to have ... the inventory to put their items there."

Christopher Charlesworth is co-founder of HiveWire, a crowdfunding and crowdsourcing solutions provider. He isn't surprised to see designers pursuing crowdfunding as capital-and buzz-building strategy.

"We think there's a really unique opportunity for not only startup entrepreneurs but specifically for fashion designers because they can present truly unique wares that are literally unavailable quite often in any other place."

"For many startup designers, they don't have access to the traditional distribution channels. Crowdfunding allows them to connect directly with a unique audience that is potentially interested in their goods."

The platform also offers the opportunity to take risks with designs they might not be able to produce when dealing with a mainstream chain, Charlesworth noted.

THE CANADIAN PRESS



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All decked out for summer

Sunny makeover. A DIY weekend transformed a tired deck into a bright, summertime retreat



DESIGN
CENTRE
Karl Lohnes
home@metronews.ca

The 40-year-old deck at the back of my house was in desperate need of some freshening up. Structurally it was sound, but the sun-bleached wood was in desperate need of some style inspiration. My inspiration came from sun-filled Miami, where the outdoor spaces are white, bright and accessorized with a pop of colour.

With the help of two friends I transformed an unused space into an outdoor entertaining area that works both day and night.

Here's some inspiration, and the products, that helped me get the look.



BEFORE: This deck was in serious need of some TLS (tender loving style).



AFTER: Following a quick weekend of painting and laying some new flooring, the old tired patio was ready for summer. The Dimplex Outdoor Fireplace (now discontinued) was purchased at a yard sale and creates a much-needed focal point while offering the look of an outdoor fire when entertaining at night. ALL PHOTOS CONTRIBUTED

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Paint the wood white

A solid wood stain (similar to a paint) was applied not only to brighten the outdoor space but also to protect the wood from drying out further. I chose a cool, off-white putty colour to help calm the eye on a bright day. Pure white can sometimes be too glaring and often looks cheap. TimberCare Solid Colour Wood Stain, Cement Gray, \$55, Para.com

It's easy being green

I'm not much of a gardener, so the simplest way to get a shot of green on the deck was to use artificial grass. Delivered as a roll, it lays flat on the existing deck, can be vacuumed, cleaned with a garden hose, is fade-resistant and stays cool on the sunniest of days. UZ-ITE Green Grass Shag Carpet, \$19/yard HomeDepot.ca



A real shady deal

No trees by my deck means the need for shade when entertaining. One day, a retractable awning (a dream) will get installed. Until then, a super-chic, free-standing umbrella will keep things cool. Karlso Umbrella, \$90, IKEA.ca

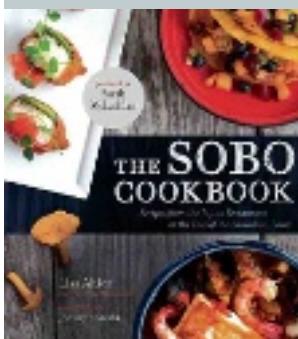
Cushion a blue streak

For a cool-to-touch Miami feeling, I kept all the furnishings light in tone and accessorized with hits of blue and green. Zuo Modern Maclear Outdoor Sofa, \$1,450, Lowes.ca



Cookbook of the Week

The B.C. coast comes to your home



Sophisticated Bohemian (Sobo) has gone from food truck to destination restaurant in Tofino, B.C. to a cookbook. Lisa Ahier (the restaurant's chef and owner) has teamed up with Andrew Morrison (a food writer) for a release that focuses on locally sourced, seasonally inspired ingredients — just like the restaurant that inspired it. Among the 100 recipes included are: Crab and Goat Cheese Wontons, BBQ Bison Flank Steak, Thai Chicken in Roti, Mascarpone Cheesecake and more. METRO

For your phone

HelloVino
(iPhone/iPad/
Android; free)



MIND THE APP
Kris Abel
@RealKrisAbel
life@metronews.ca

With thousands of wine recommendations, meal pairings, and gift suggestions matched by occasion, Hello Vino is a beautifully organized app that can remember your wines and scan bottle labels, too.



The best of the west: Killer Fish Tacos

Lunch or dinner.

Nothing screams summer more than fresh fruit, and this recipe takes nature's and mixes it with crispy fish

"I've always adjusted this recipe according to what fish is readily available. In New York, I used snapper, and in Texas, I used bass," writes Lisa Ahier in her book *The Sobo Cookbook*.

"Here in B.C., salmon and halibut have become my all-time favourites. This recipe was featured in *The Best American Recipes 2000*, edited by Fran McCullough and Suzanne Hamlin, and in *The Gourmet Cookbook*, edited by Ruth Reichl."

1. Prepare the fresh fruit salsa.

2. Cut the salmon and halibut into 1-inch cubes and season with salt.

3. Heat the oil in a large frying pan over medium-high heat. Add the onion and sauté for 1 minute. Add the fish and fry for about 3 minutes, until just cooked. Add the chipotle chilies and sauté for 2 or 3 more minutes. Remove from the heat.

4. Fill the taco shells half-way with the fish mixture, then top with the salsa. Serve immediately, two tacos per person.

Fresh Fruit Salsa

This salsa should reflect the season, so don't be a slave to the recipe. I mix it up all

the time, combining fruits like peaches and blueberries with watermelon, or pineapple with avocado. Buy what's fresh.

1. Combine all ingredients and refrigerate until ready to use. This salsa will stand up for about 24 hours, after which time the fruit begins to break down.

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Ingredients

- Fresh Fruit Salsa (see below)
- 1 lb wild salmon, boneless and skinless
- 1 lb halibut, boneless and skinless
- 1/2 cup olive oil
- 1 cup small-diced red onion (about 1 onion)
- 1/2 cup puréed canned chipotle chilies in adobo sauce
- 16 crispy hard taco shells

Fresh Fruit Salsa

- 4 kiwi fruits, diced small
- 1/2 pineapple, diced
- 1 mango, diced small
- 1 small papaya, diced small
- 2 avocados, diced small
- 1/2 cup chopped fresh cilantro



This recipe serves eight. JEREMY KORESKI

Condiment. Habanero Whisky BBQ Sauce



This recipe makes eight cups. JEREMY KORESKI

1. Heat the oil in a medium-sized, heavy-bottomed pot over medium heat. Sauté the onion, jalapeno and bell peppers for 20 minutes or until tender, gently stirring with a wooden spoon to prevent burning. Add the garlic, dry mustard, salt and cumin and cook for an additional 2 minutes.

2. Add the whisky and let it evaporate for 1 minute. Add the ketchup, cider vinegar,

Ingredients

- 1/2 cup canola oil
- 1 medium yellow onion, diced small
- 1 jalapeno pepper, seeded and diced small
- 1 red bell pepper, diced small
- 1 green bell pepper, diced small
- 4 cloves garlic, minced
- 2 tbsp dry mustard
- 1 1/2 tbsp salt (or to taste)
- 1 tbsp ground cumin
- 1/4 cup whisky or bourbon
- 4 cups ketchup
- 1 cup apple cider vinegar
- 3/4 cup Dijon mustard
- 1/4 cup packed brown sugar
- 1/4 cup molasses
- 1 tsp ground dried habanero chili powder

Dijon, brown sugar, molasses and chili powder and simmer on low heat for 1 hour, stirring frequently to avoid burning.

3. Remove from heat and allow to cool to room temperature.

TODAY'S HOROSCOPE:

Neptune is suggesting that now may be the perfect time to get the Metro News App

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MAKE YOUR SPRING EXTRA GREEN

DONATE CLOTHES, HOUSEHOLD ITEMS AT VALUE VILLAGE

Are you looking for more ways to contribute positively to the environment in your everyday life? Shop second-hand.

The clothing you wear and give away can make a big impact on the environment. On average, each North American throws away more than 30 kilograms (68 pounds) of clothing and textiles each year.

The good news is that nearly 100 per cent of that is reusable or recyclable. So this season while you are combing through your closet, packing away your sweaters and getting out those shorts and T-shirts, make your spring extra green by donating your clothes and household items at Value Village.

"Donating the clothes you don't need anymore is a simple, easy way for anyone to go green in their everyday lives," says Tony Shumpert, vice-president of recycling operations for Value Village. "It might seem like a small contribution, but over time one person can make a really big difference."

Value Village is one of the largest recyclers of used clothing in the world, keeping more than 294,000 metric tonnes (approximately



CONTRIBUTED

650 million pounds — that's the size of two cruise ships) of quality goods from landfills by selling reusable items in-store and responsibly recycling items unsuitable for resale.

Last year, Value Village repurposed 329 million tops, 59 million pairs of shoes, 114 million pairs of pants and 28 million coats.

Of course, second-hand shoppers are just as important as donors. Visiting your local thrift store is a great way to find good quality, one-of-a-kind items for excellent prices. Shoppers can look good and go green at the same time.

"Value Village works with community

SUPPORTING COMMUNITIES

Make room for your fresh new finds by cleaning out the old clothes you don't wear anymore. Value Village pays local non-profits every time you donate, helping to support their programs and services within the community.

"Our goal at Value Village is to support our communities across Canada," says Tony Shumpert, vice-president of recycling operations for Value Village. "We consider community investment an essential component of our business."

Over the past 10 years, Value Village has purchased more than \$1.5 billion of goods from its partners, turning otherwise unused items into sustainable funding that supports the non-profit's vital community programs and services.

Helping out the community — now that's truly stylish.

partners like Big Brothers Big Sisters and the Canadian Diabetes Association to keep goods out of landfills and give pre-loved clothing a brand new life," Shumpert says. "You never know what treasures you'll find — thrift shopping makes recycling fun."

For more, visit valuevillage.com.

Dig through fashion gold mines

Unique style is a coveted quality. This is true now more than ever thanks to street style blogs like the Sartorialist, Street Peep, Face Hunter, and many others.

"Second-hand shopping has become the fashionista's secret weapon," says Tony Shumpert, vice-president of recycling operations for Value Village. "You never know what you're going to find there, and sometimes it's a gold mine."

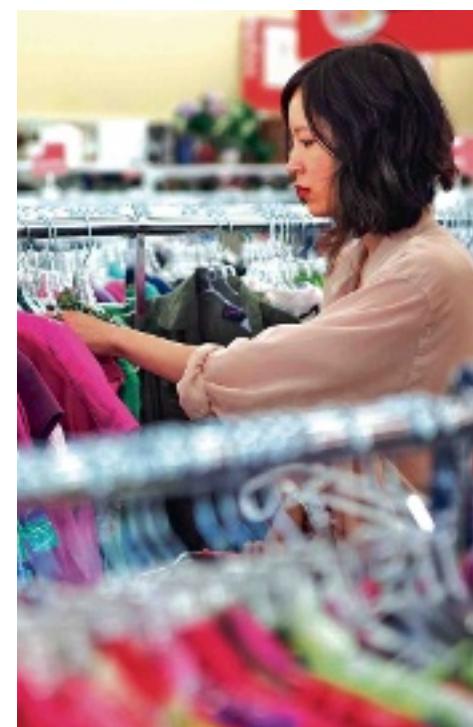
Here's how to find your style at Value Village:

LOOK FOR HIGH-QUALITY MATERIALS

The fabrics you choose will make a difference in the longevity of your garments. Keep your eyes open for high-quality textiles like silk or wool. These materials wear well, last a long time and never go out of style. Value Village purposely selects high-quality clothing, and puts more than 5,000 to 10,000 new items out every day.

CHECK THE LABEL

Chanel, Nike, Lululemon, Aritzia brands such



as Wilfred and TNA — high-quality brand names are frequent finds at Value Village. As you are sifting through the racks, watch the labels. You will find items for \$10 that would have originally retailed for hundreds.

TRY IT ON

At Value Village, clothing is arranged by size so you can easily find the best fit for you, but

since every item is different, make sure to try it on to find out how it fits.

KNOW WHEN TO SAY NO

Sometimes a clothing item just isn't for you. If it's not quite right, don't buy it. Or if you bought it and you are having second thoughts, bring it back. Value Village welcomes buyers to exchange their purchases

within seven days so you can save your pocket money for items that feel just right.

CONSIDER GETTING IT TAILED

If you find a \$5 jacket in just the right shade of blue, but it doesn't quite fit, consider getting it altered at a tailor. It will still cost far less than it would new, and you will have a great piece that will last you for years.



[facebook.com/ValueVillage](https://www.facebook.com/ValueVillage)



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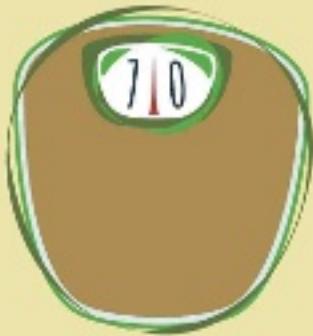
[pinterest.com/saversvillage](https://www.pinterest.com/saversvillage)

Value Village is one of the largest recyclers of used clothing in the world and diverts more than 650 million pounds of quality goods from landfills each year.

The EPA estimates that the average person throws away up to

70 POUNDS OF CLOTHING PER YEAR.

(SMART Association)



Almost **100%** of clothing and textiles are recyclable.

However, **85%** of clothing and textile waste goes to landfills.
(World Wear Project)

Last year alone,

Value Village repurposed:



329 MILLION TOPS



114 MILLION PAIRS OF PANTS



59 MILLION PAIRS OF SHOES

28 MILLION COATS

That's enough merchandise to supply the average woman's lifetime wardrobe almost **145,000 times over.**

Value Village gives a second life to more than 1.8 million pounds of reusable items every day, totaling

600 MIDSIZE CARS



ValueVillage

Good deeds. Great deals.
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Seitzer has Jays' hit parade crushing foes

MLB. Toronto among league leaders in key offensive statistics under new hitting coach

Toronto Blue Jays hitting coach Kevin Seitzer usually stands right behind the cage during batting practice while the players take their cuts.

From time to time, he'll move over to the side and will weigh in with a quick tip or two.

It's a comfortable approach that has paid dividends for the American League East division leaders, who boast an offence that is among the best in Major League Baseball.

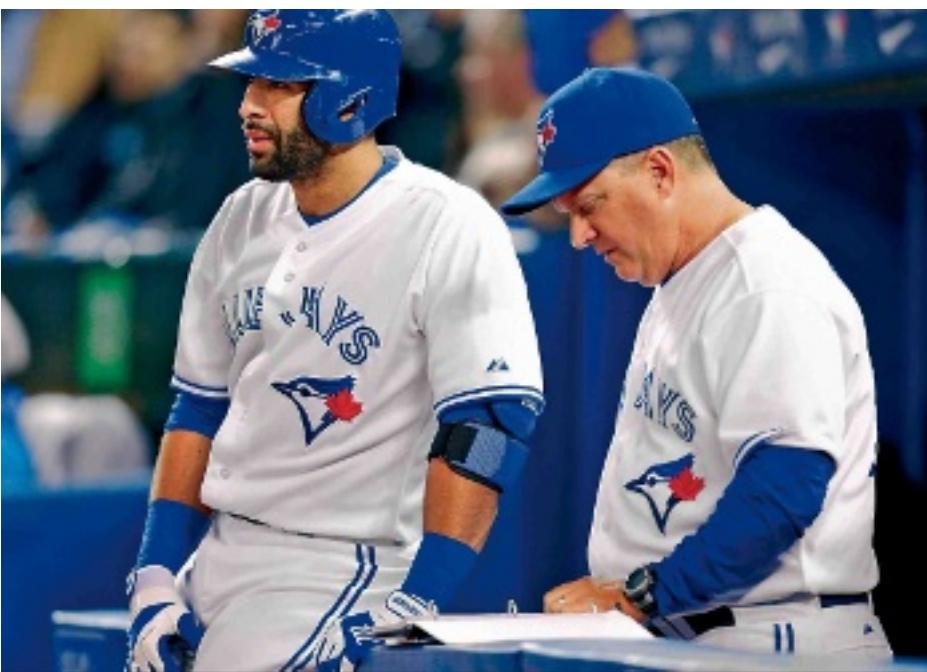
"I think he's hands-on when he needs to (be), and he sits back and he watches when he needs to," said Blue Jays catcher Erik Kratz. "We have a lot of good hitters here and with good hitters comes success and some streakiness."

"He does a good job of limiting the bad streaks and extending the good streaks."

The team's offensive statistics over the first two months of the campaign have been eye-opening.

Entering Wednesday's games, the Blue Jays led the major leagues in home runs (83) and were second in runs scored (296), RBIs (281), slugging percentage (.451), hits (534) and OPS (on-base plus slugging — .784). Toronto was also tied for second in on-base percentage (.333) and sat fifth in team batting average (.264).

Seitzer keeps a close eye



Blue Jays hitting coach Kevin Seitzer goes over some notes with Jose Bautista during a game against the Orioles on April 24 in Toronto. Under the tutelage of Seitzer, the Jays offence is among the best in the league.

CARLOS OSORIO/TORSTAR NEWS SERVICE

on all the numbers but values some statistical categories more than others.

"Runs scored is the one I'm most concerned about," he said. "If you're scoring runs, whether you do it by home runs, situational hitting, you've got to be able to get on base, draw walks, be able to move runners and get big hits when guys are in scoring position."

"It kind of encompasses everything, really."

The 52-year-old native of Springfield, Ill., was hired by the Blue Jays last fall after spending parts of five seasons as a hitting coach with the

Putting runs on the board

Three Toronto players are in the top 15 in the major leagues in runs scored: Jose Bautista (44 — tied for fourth), Edwin Encarnacion (41 — tied for seventh) and Melky Cabrera (37 — tied for 14th).

Arizona Diamondbacks and Kansas City Royals. He succeeded Chad Mottola, who spent one year in the position.

Seitzer, a two-time all-star as a player, had a .295 career average over 12 seasons with

the Royals, Milwaukee Brewers, Oakland Athletics and Cleveland Indians.

As a coach, he has preached the importance of preparation and making hard, consistent contact in the box.

"Have an idea of what the pitcher has got and what he's going to try to do, and then what each guy needs to do in order to have the best chance to succeed," he said of his approach. "I like to keep things simple. I don't like it complicated, they don't want it complicated."

"They've made really good adjustments so far."

THE CANADIAN PRESS

CFL

Simon closes book on historic career

The most prolific receiver in CFL history is calling it a career.

Slotback Geroy Simon announced his retirement Wednesday after 15 seasons.

The 38-year-old native of Johnstown, Pa., played 12 years with the B.C. Lions but finished his career with Saskatchewan, helping the Roughriders win the Grey Cup last year.

Simon spent his first two CFL seasons with the Winnipeg Blue Bombers and retires as the league's all-time leader in catches (1,029) and yards (16,352).

Simon was named the league's outstanding player in 2006 after registering 105 catches for 1,856 yards and 15 TDs with B.C., finishing that season with the first of three career Grey Cup title wins. THE CANADIAN PRESS

World Cup

Ronaldo hobbling ahead of Brazil

Portugal says forward Cristiano Ronaldo has tendinitis in his left leg to go with a left leg muscle injury as the team prepares for its World Cup opener on June 16 against Germany.

Ronaldo helped Real Madrid win the Champions League last month despite being hampered by leg injuries. THE ASSOCIATED PRESS



Cristiano Ronaldo GETTY IMAGES

Sterling agrees to sell Clippers: Attorney



Shelly Sterling and Donald Sterling are one step closer to being the former owners of the Clippers. THE ASSOCIATED PRESS FILE

Los Angeles Clippers owner Donald Sterling agreed Wednesday to sign off on selling the team to former Microsoft CEO Steve Ballmer for what would be a record \$2 billion, according to his attorney.

Sterling "has made an agreement with the NBA to resolve all their differences," and as co-owner has given his consent to a deal that was negotiated by his wife, Shelly Sterling, to sell the team, said attorney Maxwell Blecher.

Representatives for Shelly Sterling declined to comment.

Best bid

Steve Ballmer beat out bids by Guggenheim Partners and a group including former NBA all-star Grant Hill.

The NBA also declined to comment on Wednesday afternoon.

Donald Sterling filed a \$1-billion suit against the NBA in federal court last week alleging the league violated his constitutional rights by relying on information from an "illegal" recording

that publicized racist remarks he made to a girlfriend. It also says the league committed a breach of contract by fining Sterling \$2.5 million and that it violated antitrust laws by trying to force a sale.

Blecher said the suit will be dismissed. If the NBA owners approve the sale, it will be a record-high sum for a team that cost Donald Sterling about \$12 million in 1981. Blecher's co-counsel, Bobby Samini, said the vote by league owners is expected to take place in mid-July. THE ASSOCIATED PRESS

Horoscopes

Aries

March 21 - April 20

What happens today may convince you that you have allowed yourself to be lulled into a false sense of security but even if it's true it is no big deal. You're smart enough to handle whatever fate sends your way.

Taurus

April 21 - May 21

Why are you trying to do everything the hard way? Not only is it unnecessary but it could also be self-defeating. Be who you are, not who you think others want you to be.

Gemini

May 22 - June 21

A challenge will confront you today but you will overcome it with ease. Take action quickly and don't doubt for a moment that you will succeed. Good things are coming your way.

Cancer

June 22 - July 23

It is important that you think things through carefully today. There is a danger that you will act hastily and regret it later, so slow down, think about what it is you want to do and work slowly towards that goal.

Leo

July 24 - Aug. 23

Something will happen today to make you wonder if you've been too hasty in reaching certain conclusions. Just because some people have a way of life that is radically different to your own does not make them bad.

Virgo

Aug. 24 - Sept. 23

It may feel as if you're under the thumb at home and work, but there is no point getting stressed about it. Wait for the cosmic outlook to change, which it should do any day.

Libra

Sept. 24 - Oct. 23

You're in an adventurous mood but this may not be the best time to venture into areas you don't know about. Wait until the full moon on the 13th has come and gone before moving out of your comfort zone.

Scorpio

Oct. 24 - Nov. 22

Stay calm and keep telling yourself that everything will turn out right in the end. Above all don't allow yourself to get worked up about money matters. There is no reason at all to fear the worst.

Sagittarius

Nov. 23 - Dec. 21

Things may get bumpy over the next day or two but if you sit tight the turbulence will pass. If others want to throw tantrums that's up to them. You are under no obligation to follow their example.

Capricorn

Dec. 22 - Jan. 20

Current influences highlight the need to be efficient, to get the most from yourself for the least input of time and energy. Pace yourself and look for ways to get from A to B simply.

Aquarius

Jan. 21 - Feb. 19

A clash of egos could get rather heated over the next 24 hours, but the results should be positive. Hopefully it will get you thinking in new and more profitable directions.

Pisces

Feb. 20 - March 20

Your world will be rocked by what happens over the next few days but later you will look back and realize it was all for the best. Ultimately all change is good for you. **SALLY BROMPTON**

Crossword: Canada Across and Down

Across

1. Hamilton actor, Jonathan ___ (b.1924 - d.2012 ...see #17-Across and #11-Down)
5. Pal
8. Book buyer
14. Jane ___
15. Mined mineral
16. Refined
17. Vampire on #11-Down, ___ Collins (Johnny Depp resurrected the role in the 2012 movie version)
19. Barber's shaveeves
20. Grand
22. Gull-like bird
23. David Bowie's "Space ___"
26. Firearm
27. Glimpse
28. "Groovy!"
29. Advantages
30. Grey hue
31. Jealousy
32. Ed of "Modern Family"
34. Basic bug
37. "Take ___, insist!"
38. "Do the ___": Hit for #25-Down
39. Agnus ___ (Lamb of God)
40. But, Latin-style
41. Keith Urban hit: 2 wds.
42. Peace bird
43. Roll
45. Feeling flu-ish
46. Strength
47. Mideast chieftain, variably

Down

49. Crossword band
50. Population count
51. NFL's Ravens city, for short
52. ___-Windsor Tunnel
54. Sea ___ (Aquatic creature)
56. Yukon's most northerly point, ___ Island
60. Meathead's wife
61. "Yikes!"
62. Eddy ___ (One of 'The Buyers' on CBC's "Four Rooms")
63. England's ancient invaders
64. Toronto's Yonge, et. al.
65. Safecracker
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